

A Series on Leadership



**Capital
Chapter**

Location: McDermott Will & Emory
600 13th St. NW Washington DC
Continental breakfast and registration at 8:30,
all three lectures begin at 8:45.

Fee: \$25 DISC profile for the first 50 members

[Register here](#)

We all have the capacity to inspire and empower others. But we must first be willing to devote ourselves to our personal growth and development as leaders. Leadership is about setting goals and achieving results.

Several components are necessary to reach your goals and to establish your own genuine leadership style. Three of the most vital components are: attitude; addressing the specifics; and being self-aware. This **three-part series** will address each of these components and how you can start to master each one. Each workshop will build upon each other. There will be a personalized assessment (DISC) (\$150 value for only \$25 for the first 50 members) providing an individual profile for each participant.

Motivation for Peak Performance

THE POWER OF ATTITUDE

February 23, 8:45–10:30 am

“It’s Up to You”

Learn:

- ✓ How do you make your attitude?
- ✓ What do others think?
- ✓ What makes the difference?

Strategies for Leadership Elevation

THE POWER OF BEING SELF-AWARE

March 8, 8:45–10:30 am

“A Secret to Leading”

Learn:

- ✓ How to become more self-aware
- ✓ What to do next
- ✓ How to address change
- ✓ The next steps

An online DISC assessment providing a personalized individual profile will be included as part of this workshop.

SUCCESS IS SPECIFIC

March 22, 8:45–10:30 am

“Addressing the specifics — not the generalities”

Learn:

- ✓ Why specifics count
- ✓ How to set and get your goals
- ✓ What do you need to address
- ✓ Why you are afraid



Facilitator: Ann Rosser, CEO,
Finding Resolution

As an experienced coach, mediator and management trainer, Ann utilizes her 20 years of executive experience to improve the performance of organizations and individuals through leadership development, tailored workshops and facilitation.

Ms. Rosser is a member of the Arlington Chamber of Commerce, the D.C. Chamber of Commerce and the International Coach Federation. She is on the Board of the Northern Virginia Mediation Service, the Women Alliance for Financial Education and is a graduate of Leadership Arlington.

WHY TAKE THE DISC ASSESSMENT?

Did you ever wonder why your working relationship is better with some than others?

And why you just can't get along with that certain person in the office?

Individuals each have their own unique preferences and habits for how they behave. Such an understanding is crucial when working with team members, as a leader, manager or in an environment that requires cooperation and results.

The DISC Index provides an understanding and measure of an individual's natural and adaptive behavioral style. Each DISC report comes with a personal individualized profile which includes relevance building exercises and questions to help understand and specifically apply the knowledge to reach their goals.